

## Avon Track & Field League 2026 – Match 2

### U14 Boys

Hammer (3kg)	12:00
100m	12:30
1500m	13:25
Javelin (500g)	13:40
High Jump	14:10
200m	15:35
4 x 100m (mixed)	16:40

### U16 Boys

300m Hurdles	11:00
High Jump	11:50
Hammer (4kg)	12:00
Pole Vault – N/S	12:00
100m	12:30
1500m	13:25
Javelin (600g)	13:40
3000m	14:30
300m	15:05
Triple Jump	15:10
200m	15:35
4 x 100m	16:40

### U18 Boys

400m Hurdles	11:20
100m	11:55
High Jump	11:50
Hammer (5kg)	12:00
Pole Vault – N/S	12:00
3000m	14:30
400m	14:50
Triple Jump	15:10
200m	15:15
Javelin (700g)	15:30
1500m	16:10
4 x 100m	16:40

### Senior & Masters Men

400m Hurdles	11:20
High Jump	11:50
100m *(includes Masters)	11:55
Hammer (7.26kg)	12:00
Pole Vault – N/S	12:00
3000m	14:30
400m	14:50
Triple Jump	15:10
200m	15:15
Javelin (800g)	15:30
1500m *(includes Masters)	16:10
4 x 100m	16:40

### U14 Girls

Discus (0.75kg)	11:00
100m	12:30
1500m	13:25
Shot put (2.72kg)	13:40
Long Jump	14:10
200m	15:35
4 x 100m (mixed)	16:40

### U16 Girls

Discus (1kg)	11:00
300m Hurdles	11:00
Pole Vault – N/S	12:00
100m	12:30
Long Jump	13:20
1500m	13:25
Shot put (3kg)	13:40
200m	15:35
4 x 100m	16:40

### U18 Girls

Shot put (3kg)	11:00
400m Hurdles	11:20
100m	11:55
Pole Vault – N/S	12:00
Long Jump	12:20
Discus (1kg)	14:40
200m	15:15
1500m	16:10
4 x 100m	16:40

### Senior & Masters Women

Shot put (4kg)	11:00
400m Hurdles	11:20
100m *(includes Masters)	11:55
Pole Vault – N/S	12:00
Long Jump	12:20
Discus (1kg)	14:40
200m	15:15
1500m *(includes Masters)	16:10
4 x 100m	16:40

### Para/Adaptive – WC/Frame/Ambulant – N/S

Seated Discus/Club	10:30
Tri-Adaptive Vortex	11:45
Ambulant Discus	12:15
100m (all categories)	12:55
Seated Shot	13:00
60m Adaptive	13:15
Tri-Adaptive Long Jump	14:00
200m (all categories)	14:20
Ambulant Shot	14:45
Ambulant Javelin	15:30

**N/S = non scoring event**

Quad kids are detailed on a separate timetable.